



St James
Episcopal Cathedral

We are pilgrims on The Way

Serving This Sunday...

SUNDAY SERVERS

7:30am:

Lector--Glenn Reed

9:00am:

Usher--

Lector--Jane Fisher

11:00am:

Lector--Susan Morrison

LEM--Jeni-Ann

Acolyte--

IMPORTANT! WE NEED VOLUNTEERS FOR THIS SUNDAY'S SERVICES! IF YOU WOULD LIKE TO HELP PLEASE EMAIL CANON ANNA AT canonanna@diosanjoaquin.org

There's still time to sign up for MARCH!

Follow the link to sign up!

<https://www.surveymonkey.com/r/Marchservingschedule>

[Click here for the March serving schedule](#)

Confirmation / Reception / Reaffirmation

The Bishop will be with us on Easter and it'll be a wonderful time for Confirmations, Receptions and Reaffirmations of faith!!

If you would like to participate in the preparation classes leading up to Easter, they will be held on the following evenings in the Bishop's Conference Room (admin building):

March 5, 6:30-8pm

All are welcome to attend!

All things LENT



Lenten Soup Suppers Have Begun!

This year we'll be watching "Ushpizin" which is a story of a family struggling with unexpected guests, faithfulness, and learning to trust God.

Every Wednesday through March
21st at 6:30 PM

Play along from home or work and vote
for your favorite saint!



<http://www.lentmadness.org/category/lent-madness-2018/>

Join the Bell Choir in preparation for EASTER!
Contact Kourinthia for more details (kourinthiaburton@gmail.com)

PALM SUNDAY

Palm Sunday is March 25!

We will need a lot of readers for the Passion Gospel, Acolytes, Eucharistic Ministers and Ushers.

STAY TUNED FOR MORE INFORMATION!

TEN FACTS ABOUT LENT...

1. Lent is the 40 weekdays from Ash Wednesday to Easter observed by the Roman Catholic, Eastern, and some Protestant churches as a period of penitence and fasting. Sundays aren't included in the 40-day count.
2. Since Sunday's aren't included, Lent technically lasts 46 days.
3. When Lent started, it was only 36 days. Later, it was changed to 40 days.
4. Why is Lent 40 days? The number 40 is a significant number for Christians. Jesus spent 40 days in a desert. Noah had to wait 40 days for his ark to float. And Moses, along with his followers, traveled through the wilderness for 40 years before

reaching the Promised Land.

5. Catholics started the tradition of Lent around the year 325, during the Council of Nicea, but it has spread through other Christian denominations. These include the following denominations: Western Orthodox Churches, Lutherans, Methodists, Presbyterians, and Anglicans, among others.

6. Lent comes from the Middle English word “lente,” which means springtime.

7. Lent starts on what’s known as Ash Wednesday. This is when followers spread ashes on their forehead to signal their repentance to God. The ashes come from burning last year’s palms that were distributed on Palm Sunday.

8. One of Lent’s central components is fasting. The practice has died in recent years, but that didn’t stop New Orleans from throwing a huge party called Mardi Gras. On the Tuesday before Ash Wednesday, aka “Fat Tuesday,” people party in the streets and get fat since they should be fasting for the next 40 days.

9. In the Catholic tradition, followers should not eat meat from any warm-blooded animal during Lent. This rule has been relaxed to “You can’t eat meat on Fridays.”

10. You CAN eat fish or other cold-blooded animals, which is why you see fast-food restaurants have sales for their fish sandwiches during Lent.

For your prayers...

Please keep the following people and events in your prayers...

For healing:

A. Benninghoven

K. Burton

A. Tyndall

T. Gillian

D. Schetler

L. Klein

J. DeGraff

All those discerning the call to ordained leadership

[click here for the newsletter](#)

[February Newsletter](#)

Coming next week--March newsletter!

Ongoing

Sundays

- Adult Forum - 10:10am in the FIRESIDE ROOM

Wednesdays

- Spanish Mass - 2nd and 4th Wednesdays at 12:15 in the chapel
- Food Bank - 2nd through 5th Wednesdays in the gym
 - 2nd & 4th Wednesdays 3:30-4:30pm
 - **3rd Wednesdays 2:30-4:30pm**
 - **Set up begins at 12:30**
 - **Bagging of fruit and veggies begins at 1**
 - **Serving of food is 2:30-4:30**
 - **Cleanup begins at 4pm**
 - Extra hands are needed. Please arrive two hours early to help box and distribute food for our neighbors.
- Thrift Shop - Every Wednesday 12:30 - 4:30
- Study of Genesis - 2nd and 4th Wednesdays at 10am in the Conference Room



Website

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[E-mail](#) | [Website](#)

Connect with us



Map to St. James